

### ELEMIS SKIN BOOSTER FACIALS

## Pro-Collagen Quartz Lift Booster Facial 1hr 15mins £65

An anti-wrinkle facial with immediate results. This advanced anti-ageing facial is clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57%, after just one treatment\*. Leaves you with an instant face lift effect!

# Tri-Enzyme Booster Facial 1hr £65

Targets acne & superficial scarring, wrinkles and uneven pigmentation. This advanced resurfacing treatment safely and effectively removes the thickening layer of the epidermis. Skin is left incredibly clean, smooth and radiant, bringing a renewed level of evenness and clarity to the complexion. Stimulates biological cell renewal and smoothes skin by up to 32%.\* Visibly reduces the appearance of pigmentation, superficial scarring and fine lines caused by sun exposure, smoking, alcohol, stress or poor nutrition.

# Visible Brilliance Facial 1hr 15mins £65

For ageing, stressed and slackened skin. Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps up the skin whilst reducing dark circles from around the eye contour. Moisturisation levels of the skin are proven to increase by up to 38% and elasticity by 28% after just one treatment.\* Specialised micro-circulatory massage techniques are combined with powerful proven formulations to help smooth, sculpt and restore skin radiance and plumpness.

\*Independent Clinical Trials 2004.

# Power Booster Facial 30mins £45

A 30 minute facial using powerful mineral ingredients and unique facial massage techniques to help lift and firm the skin. This mini facial will be tailored to suit your skin's needs, leaving it feeling rebalanced, rejuvenated and hydrated.



## ELEMIS SKIN SOLUTIONS FACIALS

# Modern Skin Facial 1hr £60

Restore radiance to stressed skin.
Designed for challenged skin that
is reacting to the stress of modern
living. Bursting with antioxidant
rich minerals and vitamins, this
purifying treatment helps remove
damaging toxins, regenerate skin cells
and rebalance sebum.

The results: a clearer, radiant and more balanced skin.

## Oxygen SkinCalm Facial 1hr £60

Pure soothing heaven for sensitive skin. Helps to relieve redness, rebalances delicate and fragile skin and offers immediate comfort to stressed and irritated skin.

# S.O.S. Purifying Facial 1hr £60

A purifying treatment for oily and congested skin. Helps to regulate and balance the function of the skin, absorbs excess sebum, calms irritation and rebalance oil-rich pores, leaving a beautiful matt complexion.





### **ELEMIS BODY**

## Deep Tissue Back Massage\*\* 30mins £40

Specifically targeting the back, shoulders and neck areas to relieve stress and muscle tension. The key techniques of the Deep Tissue Muscle Massage are experienced in this mini-massage.

## Deep Tissue Muscle Massage\*\* 1hr £60

Alleviate stress, ease aching muscles and revive the senses with this powerful, customised massage. Dynamic blends of essential oils are prescribed to target individual needs and reduce specific stress and muscle tension.

\*\* Not suitable for pregnancy. Block bookings available.

#### Body Sculpting Cellulite and Colon Therapy\*\* 1hr £60

A detoxifying fennel and birch peel off body mask is applied and combined with specialist massage techniques to deeply cleanse the body's systems, helping firm and smooth skin, stimulate circulation and reduce fluid retention. Cleansing of the colon through abdominal massage helps to detoxify the body, working from the inside out.

# Face & Body Sensation\*\* 55mins £70

Experience the perfect Elemis treatment duo, a sensational massage combined with a prescribed booster anti-ageing facial.







### YU SPA SIGNATURE TREATMENTS

#### Yu Spa Scalp, Neck and Shoulder Soother with hot stones 30mins £40

An extremely therapeutic massage focusing on easing any tension around the scalp, neck and shoulder area. Using our own blend of aromatherapy oils and massage techniques, this mini treatment will help soothe the muscles, alleviating stress and muscle tension.

#### Yu Spa Aromatherapy Back Massage\*\* 30mins £40

A soothing and relaxing back massage to help release any built up tension in the muscles. Our luxury blend of aromatherapy oils will calm and soothe the back reducing any inflammation and stress within the muscles.

#### Yu Spa Signature Foot Delight 30mins £40

If your feet are in need of some pampering, this is the treatment for you. Essential oils of lime, sandalwood and ginger will help nourish and condition the skin, topped off with a nourishing mask to soothe your feet while you enjoy a relaxing scalp massage.

#### Yu Spa Aromatherapy Body Massage with hot stones\*\* 1hr £65

The ultimate full body massage if you are in need of relaxation. A combination of warm aromatherapy oil and our therapeutic massage techniques will release tension from the muscles helping to calm the mind, body and spirit. Hot stones will be added as an extra luxury where the heat will penetrate deeper into the muscles for total relaxation.

#### Yu Spa Signature Mum To Be 1hr £65

A treatment designed specifically for pre and post natal bliss. Our warmed therapeutic massage oils will help smooth and strengthen the skin at this vital time, helping to reduce any tension in the body and alleviate swelling from your hands and feet. This top to toe massage will help to ease the mind and uplift the spirit.

Recommended: 1 treatment every 2 weeks in the 1st & 2nd trimester. 1 treatment every week in the 3rd trimester.

\*\* Not suitable for pregnancy. Block bookings available.

#### Yu Spa Opening Times

Monday/Tuesday appointments available on request (at least 36 hours notice required)

Wednesday 11am-8pm

Thursday 11am-8pm

Friday 11am-8pm

Saturday - 10am-7pm

Sunday - 10am-6pm

#### **Cancellation Policy**

Clients are kindly requested to provide 24hrs notice of any cancellations or changes to their booking, to avoid a 50% cancellation fee.

For groups of 6 or more, a 50% nonrefundable and non-transferable deposit will be required at time of booking. Final balance is due 2 weeks prior to your treatment date

Please arrive at least 10 minutes prior to your appointment time. This will allow time to discuss your treatment and any concerns or special requests you may have. All appointment times include time to change, consultation and recommendations. If you are late for your appointment time, we may not be able to perform the full treatment. Late arrivals will be charged the full balance of the original treatment booked.

**T** 0131 523 1666 waterloo@yuspa.co.uk

Gift vouchers and treatments can also be booked online at www.yuspa.co.uk/edinburgh

Facebook - Yu Spa Edinburgh