# **BREAKFAST MENU**

## BREAKFAST CLASSICS

Please help yourself to the items on the continental buffet, and select one of our breakfast classics, from the items below.

## The Great British Breakfast (815kcal)

unsmoked bacon, pork sausage, hash brown, grilled tomato, mushroom, baked beans & free-range local egg - fried, poached or scrambled

#### The Vegetarian Breakfast (521kcal)

vegetarian sausage, hash brown, spinach, grilled tomato, mushroom, baked beans & free-range local egg - fried, poached or scrambled

# Smoked Scottish Kipper (574kcal)

with poached egg

# Smashed Avocado, Lime & Coriander (271kcal)

poached egg on toasted sourdough

## Smoked Salmon & Scrambled Egg (408kcal)

on toasted sourdough

# Scottish Porridge (533kcal)

with water or milk, blueberries & honey on the side

#### **Pancakes**

- berry compote & maple syrup (413kcal)
- bacon, fried egg & maple syrup (493kcal)

# Eggs Benedict (671kcal)

toasted muffin, poached free-range eggs, ham & Hollandaise sauce

#### Eggs Florentine (447kcal)

toasted muffin, poached free-range eggs, spinach & Hollandaise sauce

# Eggs Royale (525kcal)

toasted muffin, poached free-range eggs, smoked salmon & Hollandaise sauce

#### Three Egg Omelette (361kcal - 466kcal)

with your choice of:

ham | mushroom | tomato | cheese | spinach

## Two Eggs (196kcal)

two free-range eggs, cooked the way you like them fried, poached or scrambled

All our food is prepared in a kitchen where nuts, gluten and other food allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Full allergen information is available, please ask a team member for details.

