

BREAKFAST MENU

OUR CONTINENTAL BUFFET SELECTION £
Including a selection of fresh juices, coffee or tea, toast, butter and preserves 11.00

OUR FULL BREAKFAST SELECTION
Our continental buffet selection, including one 'Cooked Classic' dish 15.50

CONTINENTAL

Selection of cereals, Cornflakes, Alpen muesli, Bran Flakes, Weetabix, Rice Krispies

Croissants, Pain au Chocolat, Danish pastry

Natural & fruit flavoured yoghurts

Selection of fresh sliced & whole fruits

Selection of cured meats & continental cheeses

Toast, sliced farmhouse white, brown, granary, or mixed, butter & preserves

COOKED CLASSICS

Morning roll, crispy bacon or Apex signature sausage, with/without free-range fried egg 4.50

Scottish porridge, with water or milk, berry compote & honey on the side 4.50

American pancakes served with berry compote & maple syrup 5.00

American pancakes served with crispy bacon & maple syrup 6.00

Eggs Benedict, toasted muffin, poached eggs, ham, Hollandaise sauce 7.50

Eggs Florentine, toasted muffin, poached eggs, spinach, Hollandaise sauce 7.50

Eggs Royale, toasted muffin, poached eggs, smoked salmon, Hollandaise sauce 8.50

Scottish smoked salmon, toasted sourdough & scrambled eggs 8.50

Three egg omelette, with choice of ham, mushroom, tomato & cheese 7.50

'The Harbourmasters Breakfast', grilled Loch Fyne smoked kipper, melted butter 9.50

'The Great British Breakfast', smoked & unsmoked bacon, Apex signature sausage, black pudding, grilled tomato, flat mushroom, baked beans & two free-range eggs - fried, poached or scrambled 11.50

'The Vegetarian', two free-range eggs - fried, poached or scrambled, spinach, grilled tomato, flat mushroom & baked beans 8.50

'The Detox Breakfast', two poached free-range eggs, fresh spinach, smoked salmon, cherry tomatoes, gluten-free multi grain toast 9.50

EXTRAS

2.00 EACH

Two free-range eggs

Apex signature sausage*

Smoked streaky bacon

Unsmoked back bacon

Spinach

Grilled tomato or flat mushroom

Baked beans

Haggis

HOT BEVERAGES, JUICES & COCKTAILS

Breakfast tea 2.60

Earl Grey / Camomile / Mint tea 2.60

Decaffeinated coffee 2.60

Buck's Fizz 6.50

Bloody Mary 5.50

Filter coffee 2.60

Cappuccino / Latte / Espresso 3.00

Hot chocolate 3.00

Fresh orange, apple, grapefruit juice 3.00

All prices are inclusive of VAT. All our food is prepared in a kitchen where nuts, gluten and other food allergens are present. Our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Full information is available, please ask a team member for details.